

Blood Sugar Record

Last Name:

First name:

Date	Blood sugar Before breakfast	Nightly Insulin dose
<i>E.g. Jan 1</i>	5.5	10 units
continue on right...		

Date	Blood sugar Before breakfast	Nightly Insulin dose

Blood Sugar Record (Basal + 1 bolus)

	A1	B2	B1	A2
Date	Sugar before Breakfast	_____ Insulin Dose	Sugar before _____	Night time Insulin Dose

Blood Sugar Record (Basal + 2 bolus)

	A1	B2	B1	C2	C1	A2
Date	Sugar before Breakfast	_____ Insulin Dose	Sugar before _____	_____ Insulin Dose	Sugar before _____	Night time Insulin Dose

Blood Sugar Record (Basal + 3 bolus)

	A1	B2	B1	C2	C1	D2	D1	A2
Date	Sugar before Breakfast	Breakfast Insulin Dose	Sugar before Lunch	Lunch Insulin Dose	Sugar before dinner	Dinner Insulin Dose	Sugar before Bed	Night time Insulin Dose