Insulin and sugar record (basal only)

Date	Sugar before breakfast	Insulin at night

Date	Sugar before breakfast	Insulin at night

Insulin and sugar record (basal + 1 bolus)

Date	Sugar before breakfast	Insulin with _____	Sugar before _____	Insulin at night

Insulin and sugar record (basal + 1 bolus)

Date	Sugar before breakfast	Insulin with _____	Sugar before _____	Insulin with _____	Sugar before _____	Insulin at night

Insulin and sugar record (basal + 3 bolus)

Date	Sugar before breakfast	Insulin with _____	Sugar before _____	Insulin with _____	Sugar before _____	Insulin with _____	Sugar before _____	Insulin at night